



The Elizabeth Hospice



2022-2023

# Impact Report

## **our mission**

To enhance the quality of life for those nearing the end of life's journey and for those who grieve.

## **our vision**

The Elizabeth Hospice aspires to a world in which every life ends with compassion, dignity and peace.

# from our President & Chief Executive Officer

Dear Friends,

It has been a year filled with activity as California hospice providers and government agencies continue to work together to protect the quality of care delivered to the community. I'm proud to share that The Elizabeth Hospice was at the forefront of advocating for better regulatory oversight to ensure that families facing the challenges of advanced, severe illnesses receive the excellent care and support they deserve.

Some other highlights from this past fiscal year include:

- **New Headquarters Location.** We moved to a modern, two-story building in Escondido, the city of our roots. This move strengthens our community presence and provides opportunities for future growth. The new location includes offices, conference rooms, a dedicated education center and a skills lab.
- **Heart Failure Certification.** We earned Heart Failure certification from the American Heart Association, a leading nonprofit organization focused on heart and brain health. This certification assures patients and families that our end-of-life heart failure care is coordinated and follows the latest evidence-based guidelines.
- **Enhanced Veteran Pinning Ceremonies.** We added a color guard to our veteran pinning ceremonies to improve the overall experience further and help evoke positive memories for our veterans. These events are a tangible expression of our gratitude for those who have served our country.
- **Community Engagement Grew.** More than 650 people attended Wings of Hope, a butterfly-release ceremony, and more than 300 people joined us for Light Up a Life, our candle-lighting ceremony. These activities offered comfort, community and an opportunity to honor and remember their loved ones. Motown Downtown brought community members together for a live musical performance, dinner, dancing and an opportunity to show their support for comprehensive bereavement services, which we offer free of charge to our community's children.



On behalf of our Board of Directors and staff, I want to thank the community for its generosity and continued support. Together, we ensured that children and adults had access to an experienced resource they could rely on for care and guidance when confronted with advanced serious illness and grief. We are deeply grateful for the honor of caring for those who need our services.

With heartfelt gratitude,

A handwritten signature in black ink that reads "Sarah McSpadden". The signature is fluid and cursive, with a large loop at the end.

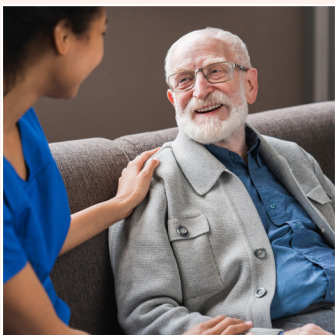
**Sarah McSpadden, RN, MSN, MHA**

President & Chief Executive Officer

# our services

## Hospice Care

Hospice care is specialized care when an individual and their doctor determine that future efforts to cure an advanced, severe illness are no longer feasible or desirable. We offer a broad array of services for children and adults, along with comprehensive support for our patients' loved ones. Our focus is helping people make the most of every living moment by ensuring they are as comfortable and pain-free as possible.



**2,420** patients received hospice care

## Elizabeth Palliative Care

Our team of care navigators is specially trained in pain and symptom management. We help improve the quality of life for patients who may continue to receive curative treatments.

**390** patients received palliative care

## Pediatric Hospice Care

We have a dedicated team of professionals who specialize in providing care for children diagnosed with life-limiting conditions. Caring for these children is complex, because, unlike adults, they continue to develop physically and emotionally throughout the illness. Since federal regulations allow children to receive curative treatment while on hospice, our Pediatric Team often works closely with a child's primary care physician and specialists to relieve their symptoms and manage their pain.

**71** patients received pediatric hospice care

**30** patients received pediatric palliative care

## Veteran Support

We are committed to ensuring that veterans feel appreciated and receive the medical support and attention they need and deserve. Our hospice caregivers have specialized training that enables them to address post-traumatic stress, depression, anxiety, survivor's guilt, and soul injury.



**521** veterans were honored at pinning ceremonies

## Grief Support for Adults

Licensed counselors and trained staff guide people of all ages through grief and loss. We provide a safe, supportive and confidential environment for adults and children to address their feelings and learn healthy coping skills. Services include individual counseling sessions, support groups, workshops and crisis interventions. Everyone in the community is welcome, including those who do not have a patient affiliation with The Elizabeth Hospice.



**823** adults engaged in individual counseling sessions or bereavement support groups

**4,348** received monthly bereavement check-in telephone calls and informational mailings

## Grief Support for Children and Teens

Our comprehensive bereavement program for children and teens is free and available to everyone in the community. Grief support services include on-campus support groups in 22 school districts, peer support groups at our two Children's Bereavement Centers, summer grief camps, and grief education for school professionals.



**96** children and teens attended summer grief camp

**262** children participated in school-based and after-school bereavement support groups

**32** children and adults received crisis intervention support after community tragedies

## Volunteer Services

Volunteers play an essential role in our nonprofit organization. Whether engaging with our patients, providing support at events, advocating in the community as ambassadors of our work, or sewing keepsakes for families who are grieving, they make a tremendous difference in the lives of everyone we serve.



**325** volunteers dedicated **18,510** hours of their time to our community

# community support

## Wings of Hope

More than 650 community members registered to attend Wings of Hope 2023, a butterfly-release ceremony to remember and honor the memory of people who have touched their lives in a beautiful way. The event featured live music, uplifting messages from our grief support team and sweet treats. Wings of Hope is one of the ways The Elizabeth Hospice supports people in our community who are grieving the loss of their special person.



## Light Up a Life

On November 13, more than 300 people in our community came together at the California Center for the Arts, Escondido, to celebrate those whose memories illuminated their lives. The event included music, inspirational messages and refreshments. Every Light Up a Life attendee had the opportunity to share the name of their loved one and light a candle in their honor.



## Motown Downtown

Motown Downtown was held at Escondido City Hall in October to raise vital funds for our Children's Bereavement Program. Attendees enjoyed silent and live auctions, great food and wine while watching a live musical performance by Remembrance 5, a Temptations Tribute group.



# ways to give

## You can make a difference in someone's life.

Your generosity makes it possible for The Elizabeth Hospice to better serve our community members when they are faced with the challenges associated with an advanced, life-threatening illness or when they are grieving the death of a loved one. Generous donations help fund care and programs not reimbursed by Medicare, Medi-Cal or insurance plans. Nobody in need of services is ever turned away.

### Sustaining Supporter

Create a monthly or quarterly automatic donation from your credit card, debit card or bank account. Any amount is appreciated.

### One charitable gift, a lifetime of benefits

A planned gift ensures that future generations have access to the many services of The Elizabeth Hospice. Some planned gifts provide tax savings while preserving assets for you and your family. A legal, financial or another qualified professional advisor can help you determine the best way to achieve your desired goals.

### Donate a car

Turning your car, truck, motorcycle or boat into a donation to The Elizabeth Hospice is easy. We accept most motorized vehicles. Call 855.500.7433 to speak with a representative who can answer all your questions.

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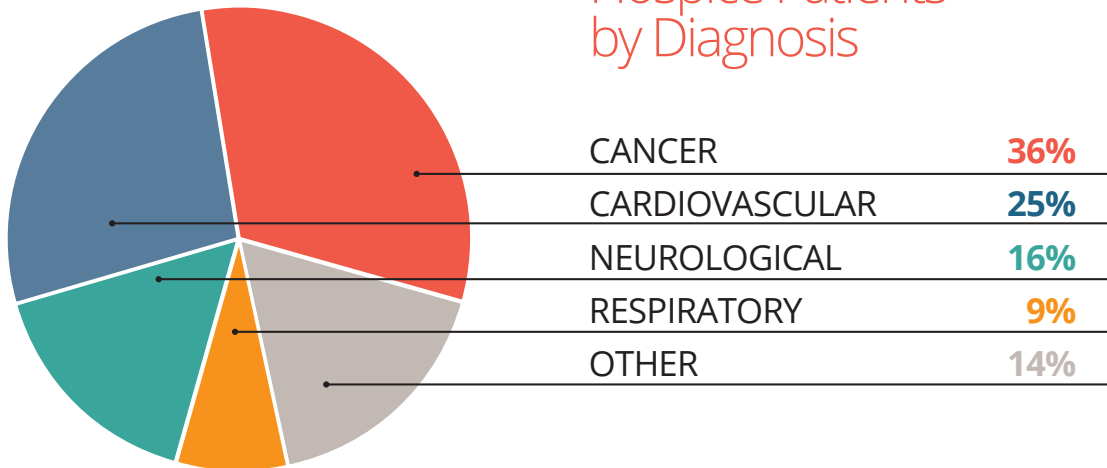
*For more information, contact:*

Chief Philanthropy Officer  
The Elizabeth Hospice  
800 W Valley Pkwy Suite 100  
Escondido, CA 92025

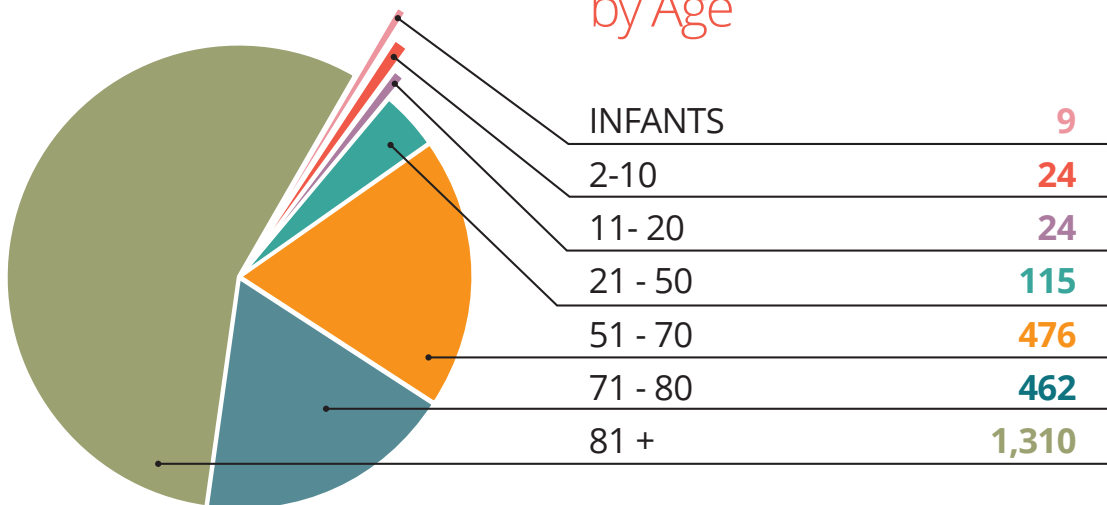
*To donate online, visit:* [elizabethhospice.org/donate](https://elizabethhospice.org/donate)

# individuals served

## Hospice Patients by Diagnosis

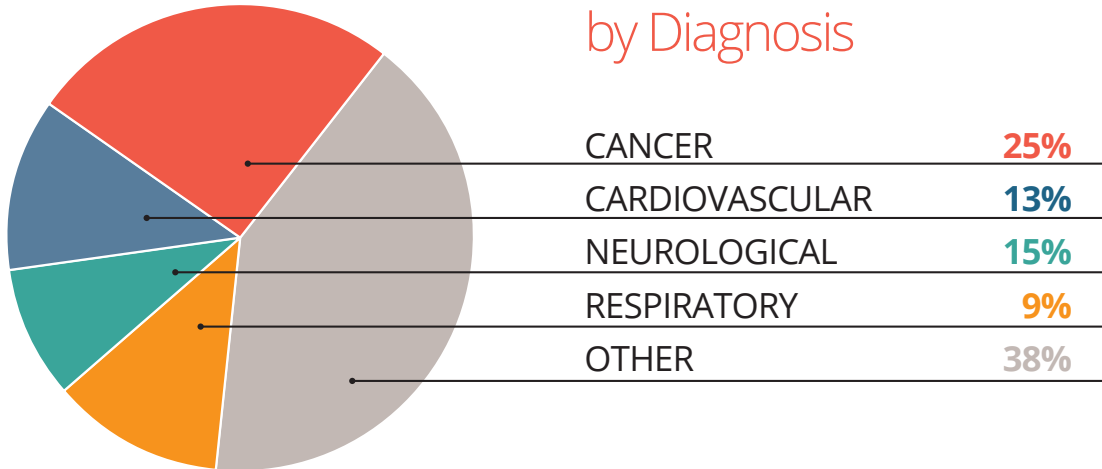


## Hospice Patients by Age

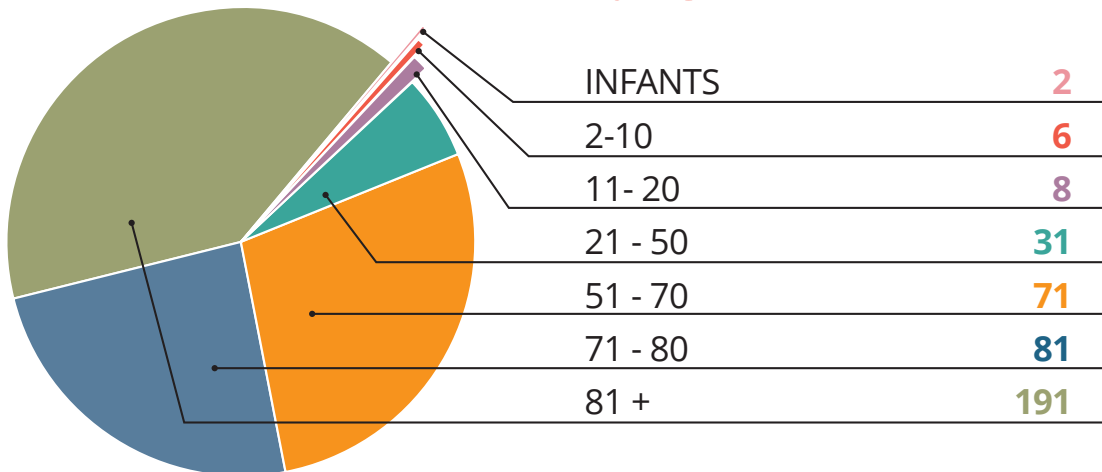




## Palliative Patients by Diagnosis



## Palliative Patients by Age



# financial overview | 2022-2023

## Income

|                            |                     |
|----------------------------|---------------------|
| Patient Services           | \$30,361,267        |
| Community Support & Events | \$3,458,381         |
| Investment Income          | \$2,174             |
| Other                      | \$450,203           |
| <b>TOTAL INCOME</b>        | <b>\$34,272,025</b> |

## Expenses

|                       |                     |
|-----------------------|---------------------|
| Direct Patient Care   | \$20,533,028        |
| Indirect Patient Care | \$7,078,418         |
| Community Outreach    | \$669,425           |
| Management & General  | \$6,471,683         |
| Fundraising           | \$1,049,330         |
| <b>TOTAL EXPENSES</b> | <b>\$35,801,884</b> |

July 1, 2022 through June 30, 2023

# board of directors

## 2022-2023

DAN LAFRAMBOISE, Board Chair

SARAH MCSPADDEN, RN, MSN, President & Chief Executive Officer

ELIZABETH MCCANN, PHD

MICHAEL MCDUFFIE, PHD

TAMMY MORITA

GEORGE OLMSTEAD

GLENN PANZER, MD

KIPRIAN SKAVINSKI

CHANCELLOR TZOMES



**The Elizabeth Hospice**

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The Elizabeth Hospice is a 501 (c)(3) nonprofit organization. Federal Tax ID 95-3275679