



The Elizabeth Hospice  
Leading. Human. Kind.

## Winter Workshop Series

**FREE** to our hospice families and the community

### **Coping With the Holidays / Temecula**

Tips, tools and support for coping with the holiday season while grieving a loss.

**Wednesday, Dec. 20, 2017**

**10:00 - 11:30 a.m.**

27720 Jefferson Ave., Ste. 200  
Temecula, CA 92590

### **Coping With the Holidays / Escondido**

Tips, tools and support for coping with the holiday season while grieving a loss.

**Thursday, Dec. 21, 2017**

**12:00 - 1:30 p.m.**

930 Canterbury Place  
Escondido, CA 92025

### **The Second Year After Loss / Carlsbad**

Meet a panel of guests who will share insight and experience from multiple years following a loss.

**Thursday, Jan. 11, 2018**

**1:30 - 3:00 p.m.**

5938 Priestly Dr., Ste.103  
Carlsbad, CA 92008

### **Expressing Grief through Art / Escondido**

You don't need to be an artist! Just come ready to express your experience of grief through a variety of tangible, tactile art mediums.

**Thursday, Jan. 18, 2018**

**6:30 - 8:00 p.m.**

930 Canterbury Place  
Escondido, CA 92025

### **Open Mic Night / San Diego**

Bring your instrument, your voice, or a recording; read a poem, essay or share a monologue – serious or with gentle humor – that captures your grief experience.

**Thursday, Jan. 25, 2018**

**6:30 - 8:00 p.m.**

2525 S. Camino Del Rio, Ste. 301  
San Diego, CA 92108

Please RVSP to **800.797.2050** or **CCEvent@ehospice.org**  
one week prior to each workshop.

SERVING SAN DIEGO AND INLAND EMPIRE AS A NONPROFIT HEALTHCARE LEADER SINCE 1978

[www.elizabethhospice.org](http://www.elizabethhospice.org)

760.737.2050 | TOLL FREE 1.800.797.2050

The Elizabeth Hospice, Inc. | 500 La Terraza Blvd. STE #130 | Escondido, CA 92025